

EARLY YEARS FOUNDATION STAGE

Useful links for parents

The Early Years Foundation Stage is divided into the 7 areas of learning. The following links are for parents to access support and guidance to enhance learning and development in each of the 7 areas.

Communication and Language

- **NHS Speech and language toolkit:** Advice on early communication and language, speech sounds, stammering and reluctant talkers / selective mutism <https://www.cpft.nhs.uk/speech-and-language-therapy-toolkit/>
- **Speech and Language support in South Glos:** <https://cchp.nhs.uk/explore-cchp/childrens-speech-language-therapy/childrens-slt-team>

Personal, Social and Emotional Development

- **NHS Mental Health support:** [Services - South Gloucestershire Talking Therapies - NHS \(www.nhs.uk\)](https://www.nhs.uk/services/south-gloucestershire-talking-therapies)
- **Young Minds:** The UK's leading charity fighting for children and young people's mental health. Offers confidential online and telephone information and support for anyone worried about the emotional, behaviour, or mental health of a child/young person up to 25 years of age, including ADHD, Autism and Aspergers [YoungMinds | Mental Health Charity For Children And Young People | YoungMinds](https://www.youngminds.org.uk/)
- **FFLAG:** A national voluntary organisation and registered charity. They are dedicated to supporting parents and families and their LGBT+ members. <https://www.fflag.org.uk/>
- **Leading Light:** Education and Wellbeing work with families, children and young people. Offer one to one tuition from primary to undergraduate including specialist needs, homeschooling, mentoring, advocacy and specialist advice, and therapeutic services like counselling <https://leadinglighteducationandwellbeing.org.uk/>
- **South Glos Parents and Carers:** South Glos Parents and Carers are a supportive community of parents and carers who work to improve services and support for children, young people with additional needs and their families. <https://www.sglospc.org.uk/>
- **Homestart:** Independent registered charity that supports families with at least one child under five, living in Bristol and South Gloucestershire, including emotional and practical support in the home. www.homestartbristol.org.uk

Physical Development

- **ERIC:** The Children's Bowel & Bladder Charity has been dedicated for over 30 years to improving the lives of all children and teenagers in the UK facing continence challenges. <https://www.eric.org.uk/>
- **REACH:** A free programme of fun and engaging activities for families that encourages them to be fitter, healthier and happier by helping them make gradual changes to the food they eat and the physical activity they take. Group programmes for 4-11 and 7 - 11 year olds and their families. www.southglos.gov.uk/reach
- **Cerebra Sleep Service:** Advice and guidance on refusing to go to bed, difficulty going to sleep, not wanting to sleep alone, waking up during the night, waking up early etc. <https://www.cerebra.org.uk/help-and-information/sleep-service/>
- **Incredible Kids:** Inclusive play sessions in Bristol. Support, advice, friendship or fun inclusive family play you will find something for everyone in your family at Incredible Kids. www.incrediblekids.org.uk
- **Jigsaw, Thornbury:** We understand the issues of parents with children who have additional needs, resources available to loan. <https://www.jigsawthornbury.org.uk/>
- **Campus Skateparks:** Not for profit organisation that uses the positive energy and influence of skateboarding to engage with children and young people <https://www.campuskateparks.co.uk/about>
- **Yate Leisure Centre:** Monday-Friday 6:15am-9:15pm, Saturday 8am-6pm, Sunday 8am-9:15pm [Yate Leisure Centre | Gym | Swimming Pool | Active Centres](#)
- **One You:** South Glos physical activity guidance and signposting to local activities. <https://oneyou.southglos.gov.uk/for-your-body/move-more/active-living/>
- **Bristol Family Cycle Centre:** <https://betterbybike.info/cycling-centres/bristol-family-cycling-centre/>

Literacy

- **Hawkesbury Upton Community Library:** Village Hall, Fridays 2.15-4.15pm https://mysodbury.co.uk/sodbury/d/15182/hawkesbury_upton_community
- **Yate Library:** 44 West Walk, Yate <https://myyate.co.uk/yate/yate-library>
- **Top Marks Phonics:** Interactive phonics games to support phonics learning <https://www.topmarks.co.uk/english-games/5-7-years/letters-and-sounds>
- **Phonics Play:** Interactive online games to support phonics learning <https://www.phonicsplay.co.uk/>
- **Big Cat books:** Online books (you will need to subscribe) <https://collins.co.uk/pages/collins-big-cat>

Mathematics

- **White Rose Maths:** Home learning resources <https://whiterosemaths.com/homelearning>
- **NRICH:** Early number and place value information <https://nrich.maths.org/10739> activity ideas <https://nrich.maths.org/13371>
- **Top Marks Maths:** Interactive maths games to support learning <https://www.topmarks.co.uk/Search.aspx?Subject=16>
- **NCETM:** Early Years Support <https://www.ncetm.org.uk/in-the-classroom/early-years/>
- **Number Blocks:** Watching episodes and playing games from CBBC <https://www.bbc.co.uk/cbeebies/shows/numberblocks>
- **White Rose 1 Minute Maths App:** <https://whiterosemaths.com/resources/1-minute-maths>
- **Outdoor Maths Games for Early Years:** <https://www.teachearlyyears.com/learning-and-development/view/making-play-count>

Understanding the World

A selection of local attractions to complement our learning:

- **Wild Place:** <https://wildplace.org.uk/>
- **Aerospace:** <https://aerospacebristol.org/>
- **We the Curious:** <https://www.wethecurious.org/>
- **M Shed:** <https://www.bristolmuseums.org.uk/m-shed/>
- **SS Great Britain:** <https://www.ssgreatbritain.org/>
- **Bristol aquarium:** <https://www.bristolaquarium.co.uk/>
- **Westonbirt Arboretum:** <https://www.forestryengland.uk/westonbirt-the-national-arboretum>
- **Dyrham Park:** <https://www.nationaltrust.org.uk/dyrham-park>
- **Old Down Country Park:** <https://olddownestate.co.uk/country-park/>
- **Slimbridge Wetland Centre:** <https://www.wwt.org.uk/wetland-centres/slimbridge/>

Expressive Art and Design

- **Performing arts in South Glos:** <https://www.familiesonline.co.uk/local/south-gloucestershire/clubs-and-classes/performing-arts>

- **Music opportunities in South Glos:** <https://www.familiesonline.co.uk/local/south-gloucestershire/clubs-and-classes/music>
- **Yate Little Learners messy play and mark making:** <https://littlelearnersuk.com/franchise/bristol-north-south-gloucestershire/>
- **Wot-pots pottery:** <https://www.dayoutwiththekids.co.uk/attractions/wot-pots-0af9c9fe>
- **Children's Scrap Store, Bristol:** <https://www.childrensscrapstore.co.uk/>
- **Bristol Old Vic:** <https://bristololdvic.org.uk/>