

Monday

Tuesday

Wednesday

Thursday

Friday

Week 1

WEEK COMMENCING: 30.10.17, 20.11.17, 11.12.17, 08.01.18, 29.01.18, 26.02.18
 Fresh fruit, Jacket potatoes, Salad selection, Bread, Cheese & biscuits, Yoghurt and Chilled water available daily

Main courses

Pizza Day:
 Margherita
 Chicken & Sweetcorn

All day Brunch:
 Bacon, Sausage,
 Beans, Tomato

Roast Beef / Chicken
 Filled Potato Skins

Steak Pie
 Spinach & Sweet Potato
 Curry & Rice

Fish Fingers
 Macaroni Cheese

Sides

Coleslaw
 Sweetcorn

Hash Browns

2 Fresh Seasonal Veg
 of the day
 Creamed Potatoes

Baked Beans
 Garden Peas
 Chipped Potatoes

Desserts

Rocky Road
 Low Fat Yoghurt
 Fruit Cup

Oaty Biscuit &
 Chocolate Milkshake
 Low Fat Yoghurt
 Fruit Cup

Apple & Mixed fruit Crumble
 & Custard
 Low Fat Yoghurt
 Fruit Cup

Sticky Toffee Pudding
 Caramel sauce
 Low Fat Yoghurt
 Fruit Cup

Chocolate Brownie
 Low Fat Yoghurt
 Fruit Cup

Week 2

WEEK COMMENCING: 06.11.17, 27.11.17, 18.12.17, 15.01.18, 05.02.18, 05.03.18
 Fresh fruit, Jacket potatoes, Salad selection, Bread, Cheese & biscuits, Yoghurt and Chilled water available daily

Main courses

Chicken Curry & Rice
 Pizza Pasta

Savoury Mince and
 Yorkshire Pudding
 Cheese & Potato Pie

Roast Gammon
 Quorn Roast

Beef Lasagne
 Quorn Hot Pot

Fish Fingers
 Homemade Spicy
 Bean Burgers

Sides

Naan / Garlic Bread
 2 Fresh Seasonal
 Veg of the day

2 Fresh Seasonal Veg
 of the day
 Creamed Potatoes

2 Fresh Seasonal
 Veg of the day
 Roast Potatoes

2 Fresh Seasonal
 Veg of the day
 Homemade Jacket Wedges

Baked Beans
 Sweetcorn
 Chipped Potatoes

Desserts

Jaffa Sponge
 Low Fat Yoghurt
 Fruit Cup

Jammy Dodgers
 Low Fat Yoghurt
 Fruit Cup

Apple & Cherry Strudel & Custard
 Low Fat Yoghurt
 Fruit Cup

Hot Fruit Pancakes
 Low Fat Yoghurt
 Fruit Cup

Arctic Roll
 Low Fat Yoghurt
 Fruit Cup

Week 3

WEEK COMMENCING: 13.11.17, 04.12.17, 01.01.18, 22.01.18, 19.02.18, 19.03.18
 Fresh fruit, Jacket potatoes, Salad selection, Bread, Cheese & biscuits, Yoghurt and Chilled water available daily

Main courses

Spaghetti Bolognese
 Macaroni Cheese

Beef Coulash
 Five Bean Chilli

Roast Turkey
 Veggie Wellington

Chicken Risotto
 Homemade Omelette

Fish Fingers
 Quorn Hot Dogs

Sides

Garlic Bread
 2 Fresh Seasonal Veg
 of the day

2 Fresh Seasonal
 Veg of the day
 Rice

2 Fresh Seasonal Veg
 of the day
 Roast Potatoes

2 Fresh Seasonal Veg
 of the day
 Homemade Jacket Wedges

Baked Beans
 Garden Peas
 Chipped Potatoes

Desserts

Apple & Cherry Flapjack
 Low Fat Yoghurt
 Fruit Cup

Cornflake Cupcake
 Low Fat Yoghurt
 Fruit Cup

Cherry Pie & Custard
 Low Fat Yoghurt
 Fruit Cup

Apple & Cinnamon Crumble
 Low Fat Yoghurt
 Fruit Cup

Lemon Drizzle Muffins
 Low Fat Yoghurt
 Fruit Cup

