



WEEK COMMENCING: 24/04/17, 15/05/17, 12/06/17, 03/07/17, 04/09/17, 25/09/17, 16/10/17
 Fresh fruit, jacket potatoes, salad selection, homemade bread, cheese & biscuits, low-fat yoghurt, fruit cups and chilled water available daily

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main meal	Beef lasagne	All day brunch	Roast pork	Chicken pie	Fish fingers
Vegetarian option	Cheesy tomato pasta	Homemade cheese and onion pasties	Stuffed jacket potatoes	Quorn sausage and Yorkshire pudding	Vegetable bolognese
Vegetables/Sides	Green salad Wholemeal garlic bread	Two fresh seasonal vegetables of the day New potatoes	Two fresh seasonal vegetables of the day Roast potatoes	Two fresh seasonal vegetables of the day Creamy mashed potatoes	Baked beans Peas Chipped potatoes
Dessert	Fresh fruit salad and Neapolitan ice cream	Peach muffin	Homemade biscuits	Summer fruit crumble and cream	Choc ice



WEEK COMMENCING: 01/05/17, 22/05/17, 19/06/17, 10/07/17, 11/09/17, 02/10/17
 Fresh fruit, jacket potatoes, salad selection, homemade bread, cheese & biscuits, low-fat yoghurt, fruit cups and chilled water available daily

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main meal	Sausage and Yorkshire puddings	Sweet and sour chicken	Roast beef and Yorkshire pudding Roast chicken	Spaghetti bolognese	Fish fingers Salmon salad
Vegetarian option	Quorn and tomato casserole	Macaroni cheese	Vegetarian Wellington	Vegetarian korma	Cheese and leek pasta bake
Vegetables/Sides	Two fresh seasonal vegetables of the day Creamy mashed potatoes	Two fresh seasonal vegetables of the day Rice noodles	Two fresh seasonal vegetables of the day Roast potatoes	Two fresh seasonal vegetables of the day Rice	Baked beans Sweetcorn Chipped potatoes
Dessert	Apple sponge and custard	Jelly and ice cream	Fruit flan and cream	Victoria sponge with jam and cream	Cherry flap jack



WEEK COMMENCING: 08/05/17, 05/06/17, 26/06/17, 17/07/17, 18/09/17, 09/10/17
 Fresh fruit, jacket potatoes, salad selection, homemade bread, cheese & biscuits, low-fat yoghurt, fruit cups and chilled water available daily

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main meal	Burger in a bun	Pizza	Roast gammon	Sausage plait	Fish fingers
Vegetarian option	Cheese and tomato quiche	Quorn burger in a bun	Quorn cottage pie	Cheesy eggs	Pizza pasta
Vegetables/Sides	Herby dice potatoes Corn on the cob Barbeque beans	Potato salad Coleslaw Green salad	Two fresh seasonal vegetables of the day Roast potatoes	Two fresh seasonal vegetables of the day New potatoes	Peas Baked beans Chipped potatoes
Dessert	Chocolate fudge cake	Lemon drizzle cake	Fresh fruit salad and ice cream	Apple crumble with custard	Arctic roll

